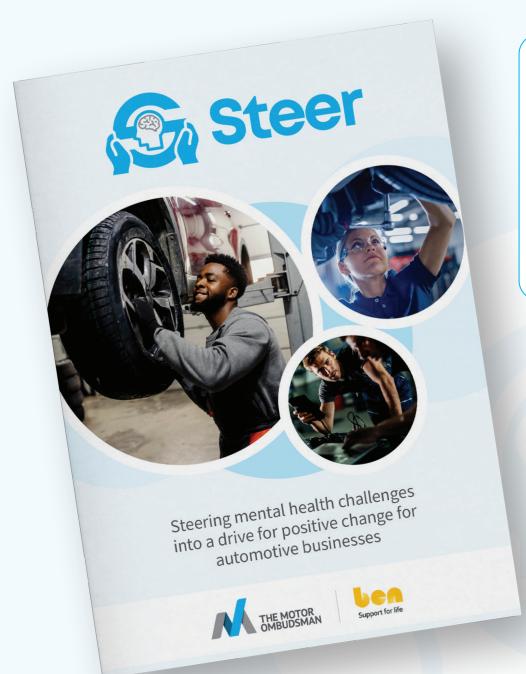






Encountering mental health challenges and don't know where to turn?

There's confidential help available to help steer you in the right direction



Scan here to start your journey

